Badminton Assignment – Day #1

The rules we follow are based upon those sanctioned by Badminton Canada. The rules can be found at the Badminton Canada website under the High Performance heading or directly at the following URL:

http://badmintoncanada.visualclubweb.nl/file/597573/?dl=1

Use the information here to answer the following questions.

1. Draw a badminton court that includes all of the lines below. On one side of the net shade in the area that is in play for a singles serve from the right side of the court. On the other side of the net shade in the area that is in for all other points in singles after the service.

   ![Badminton Court Diagram](image1)

2. Before play commences players will flip a coin. The winner of this coin toss will have two options to start the game. What are those options as per Law 6.1.1 and 6.1.2?
   a) __________________________________________________________
   b) __________________________________________________________

3. What does a game of badminton go up to? ____________________________

4. Players must win by two unless the score becomes a tie at what score? _________________
   If players reach this score the next point shall win the game.

5. Who serves in second game if the players are playing a best of three? _________________

6. When do the players change sides during a match? ____________________________
7. When serving, there are several rules a server has to follow. List five important rules below:
   
   a) ________________________________
   b) ________________________________
   c) ________________________________
   d) ________________________________
   e) ________________________________

8. What are two rules a receiver must follow?
   ______________________________________
   ______________________________________

9. In badminton players serve diagonally to each other to start each point. How do the players know if they are serving to the right or left court?
   ______________________________________
   ______________________________________

10. Give two examples of situations that will result in a “let” in badminton.
    a) ______________________________________
    b) ______________________________________

11. What is the result of a “let” in badminton?
    ______________________________________
    ______________________________________

12. Draw the court and service court used for Para-badminton wheelchair Classes singles.
Badminton Assignment Day #2/3

Below is a list of skills that we will be covering in this unit. Research these skills and write coaching cues for each skill so that someone reading this work would be able to perform the skills listed below. At least three pointers or coaching cues should be included for each skill.

Ready Position;

1. _____________________________________________________________
   _____________________________________________________________
2. _____________________________________________________________
   _____________________________________________________________
3. _____________________________________________________________
   _____________________________________________________________

Underhand Forehand Clear;

1. _____________________________________________________________
2. _____________________________________________________________
3. _____________________________________________________________

Underhand Backhand Clear;

1. _____________________________________________________________
2. _____________________________________________________________
3. _____________________________________________________________

High Singles Serve;

1. _____________________________________________________________
2. _____________________________________________________________
3. _____________________________________________________________
Overhead Clear;
1. ____________________________________________________________
   ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Overhead Smash;
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Drive Shot;
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Overhead Drop Shot;
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Forehand and Backhand Drop Shots
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________
The class will be introduced to doubles but you will not need to know any of the rules or techniques for the test.

1. Draw a badminton court that includes all of the lines below. On one side of the net shade in the area that is in play for a doubles serve from the right side of the court. On the other side of the net shade in the area that is in for all other points in doubles after the service.

2. Explain how the service rotation works in doubles.